February 2, 2014

**ESPN Play of The Week**

In the first set Matt passed the ball nicely to Ian. Ian fired the ball outside to Yev. Seeing the block nicely, Yev strategically hit the ball off the block to earn the point for the side out.

**Quote of the Week**

Winners never quit and quitters never win.

**Vince Lombardi**

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**SDCC Men’s Volleyball Players Will....**

1.) Work on minimizing their errors at practice.
2.) Bring a ton of energy to practice.
3.) Build deeper relationships with their teammates.
4.) Find time to study at school and at home.
5.) Do a good deed for one of their teammates.
6.) Eat healthy to prepare their body for our matches this week.

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**Player of the week**

**Yev Chernish**

In the first match of the season Yev passed well and had some impressive kills against Santa Barbara.

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**Circle Word of the Week:**

Trust
Trust the coaching staff.
Trust our motto.
Trust your teammates.

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**Ironman OF THE WEEK**

Redshirt freshmen Luis Nunez spent two hours before the match working on his jump serve. Taking the time to work on your game is important to develop as a player.