Mesa’s Sparks, City’s Renteria share Women’s honor

San Diego Mesa College women’s volleyball player Sadie Sparks and San Diego City soccer player Brenda Renteria are Pacific Coast Athletic Conference Women’s Athletes of the Week for all sports.

Sparks, a freshman middle blocker from Chiawana High School in Pasco, Washington, had a huge night as the Olympians took over the undisputed conference lead by knocking off previous co-leader Grossmont in three sets 25-20, 25-12, 25-17.

Grossmont came in ranked No. 4 in Southern California and No. 7 in the state. By knocking off the Griffins, Sparks and her Mesa teammates took over the 10th spot in the California Community College Women’s Volleyball Coaches Association state poll, bumping Grossmont to 11th.

“Sadie was everywhere,” Mesa coach Kim Lester said after Sparks recorded seven blocks, five solo. Sparks’ four blocks in set one set the tone for the night. Her first-set blocks “really effected Grossmont’s hitters,” Lester said. Sparks also had 12 kills for the week, six against the Griffins and six (with one block) in a sweep of Cuyamaca.

Renteria, a freshman center midfielder from Mira Mesa High School, scored City College’s first hat trick of the season on Tuesday as the Knights defeated Imperial Valley 7-1. She leads City in goals and, coach Andi Milburn says, “controls our midfield.”

Honorable mention went to Miramar soccer player Jontae Campbell and volleyball players Missy Glassett of Mesa, Rudy Leasau (Grossmont) and Jasmine Wong (SD City).

Campbell, a sophomore from Mira Mesa High, has been instrumental in leading Miramar to first place in the PCAC race and a No. 7 ranking in the nation in its division in the National Soccer Coaches Association poll. Last week Campbell, the 2011 PCAC Defensive Player of the Year, was a leader defensively in setting up Miramar’s 1-0 victory over Cuyamaca, which came in the 89th minute. Campbell and her teammates have surrendered only three goals this season.

Glassett, a sophomore setter from Escondido Charter High School, only played one set vs. Cuyamaca but had 10 assist and two digs. In the Olympians’ win over Grossmont, she totaled 23 assists, two blocks, two kills, two aces and seven digs.

Leasau, a freshman from Helix High School, has been a steady offensive force during Grossmont’s outstanding season to date. She’s the Griffins’ kill leader in conference and , last week, had 16 kills and only five hitting errors, including just one hitting error in a 3-0 (25-17, 25-21, 25-18) win over San Diego City.

Wong, a freshman from Rim of the World High in Lake Arrowhead, switched from libero to outside hitter this season and had six kills with no errors on 20 attempts for City vs. Grossmont. In a 3-2 (16-25, 20-23, 25-21, 15-10) win over Palomar she had 23 digs with seven kills and two service aces against a bigger team. She carries a 4.0 GPA.