BPR (Bullet Point Reading)

**BPR is:**
- ✔ BEST approach to learning
- ✔ Most EFFECTIVE note-taking technique
- ✔ Consistent with BRAIN functioning
- ✔ SIMPLE!

Goal of BPR: OUTLINE the assigned reading

BPR should be done: 1 to 7 days BEFORE class

Purpose of BPR: BEGIN to become familiar with the terms & concepts. NOT become an expert!

Key to BPR: DIRECTED READING, i.e. *what is important!*

Preparing to BPR:

1. **PREVIEW** *(scan)* what you are about to read.
   - Look for clues:
     - ✔ **Titles**: Chapter, Sections, Sub-sections
     - ✔ **Objectives**
     - ✔ **Things to Know, Concepts, Highlights**
     - ✔ **Summaries**: Section, Chapter

2. Recognize **PREVIOUS** knowledge

3. **PREDICT** what you will learn from the reading

**BPR (this is it!):** OUTLINE & REVIEW one section at a time

1. Outline 1\(^{st}\) section, then REVIEW outline
2. Outline 2\(^{nd}\) section, then review 1\(^{st}\) & 2\(^{nd}\) outline
3. Outline 3\(^{rd}\) section, then review 1\(^{st}\),2\(^{nd}\) & 3\(^{rd}\) outline
4. Continue the process.

Each time you add a new section outline, review the outlines beginning with the 1\(^{st}\) outline.

*Review, review, review!*

**BPR Tips**

- Got **QUESTIONS** while doing BPR? Write a list of questions to **ASK** in class
- Writing BP’s is like “TEXTING” on a phone
- Use **SYMBOLS** – faster 4 brain!
- **D.Y.K.** – your brain processes symbols 2/3’s *faster than words*

**Other Tips**

- Start on HW as soon as you finish the practice exercises and follow 20-MINUTE RULE
- Start on HW the same day it is assigned and follow 20-MINUTE RULE