The ASG has many standing committees that meet for a variety of reasons; from student scholarships, hosting events on campus, discussing annual budget and modifying our very own constitution. We are your voice in campus committees to ensure that students’ perspectives are included in the campus decisions. Be assured your ASG and Student Affairs Office are committed to serving students all day, every day.

Below are examples of some of the City College events, programs, scholarships, and organizations on campus that ASG has donated, funded and sponsored:

$300 donation to the SDCC Application Cram Jam
$300 donation to the Adopt-A-Family Scholarship
The ASG sponsored the May Day City Jam

The Associated Students Government (ASG) takes great pride in advocating for San Diego City College students in various levels of state and local governments.

The purpose of this newsletter is to engage and keep you informed of how the ASG is working for you. We will also highlight important events happening on and/or around the City College campus.

You are invited to visit our office located in D-105 for our weekly Friday meetings at the times listed below.

Inter-Club Council: 10:00-11:00am
AS Senate: 11:00am-12:00pm
ASG Board of Directors: 12-1:00pm

All of our meetings are open to the public. Please join us and hear about ongoing matters as it pertains to City College students. Who knows; you may want to get involved too!

SDCC has its own chapter of Psi Beta, the National Honors Society in Psychology. To qualify for membership students must:

- Have 3.2 GPA,
- Completed at least 1 psychology course with a B or higher, and enjoy the behavioral sciences

A few examples of the many events or activities Psi Beta members participate in:

- Volunteer in the community orphanage in Mexico, SAY San Diego
- Attend psychology conferences
- Visit different universities to help determine where students wish to transfer.

Psi Beta has also just launched a free Psychology and AODS tutoring program for the student body, which is located in MS221. For tutoring hours or to set up an appointment please email psibetatutoring@gmail.com

To become involved with Psi Beta please email sdcitypsibeta@gmail.com or visit them at www.facebook.com/psibetasdcc

Psi Beta’s recent field trip to the UCSD Cognitive Science building was an eye-opening experience. The honor society had an opportunity to explore a research-based lab.
Standing Committees within your ASG

Outreach and Awareness Committee
Co-Chair: Alejandra Castellanos, Public Relations Office
Co-Chair: Matilde Gutierrez, Public Events Coordinator
Meeting Day/Time: W – 11:00 am – 1:00 pm

Constitution and By-laws Committee
Chair: Adam Garcia, ASG President
Meeting Day/Time: T/TH – 1:00pm

Budget and Finance Committee
Chair: Vamtowe Djoukwet, Treasurer
Meeting Day/Time: T – 1:00pm

AS Scholarship Committee
Chair: Bryan Taylor, Scholarship Officer
Meeting Day/Time: T – 1:00 pm

Advocacy Committee
Chair: Carolina Moreno, Government Affairs Officer
Meeting Day/Time: TH – 5:00-6:00 pm

The Step Up to Live Well campaign at City College strives to improve the health, safety and thriving of our campus community including students, faculty and staff. The program is in partnership with Live Well San Diego whose focus is on all of San Diego’s citizens. To hear about our upcoming events, join the committee, or sign up for our newsletter visit: www.sdcity.edu/StepUpToLiveWell

Step Up to Live Well has four areas of focus:

Nutrition: healthy menu options offered by campus food services including more choices for vegetarians and vegans, a delicious smoothie bar (found in the main cafeteria,) nutrition tips and recipes.

Fitness: a 2k walking course on campus, yoga in the quad, ongoing fitness challenges.

Behavioral and Mental Health: therapeutic art, activities associated with our monthly wellness topic, education to create awareness of mental health, annual health and wellness fair.

Environmental Health & Safety: health and safety fair, safety month activities with campus police.

November ASG Sponsored and Club Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday – 11/7</td>
<td>CV Workshop for Psychology Majors with Professor Anderson</td>
</tr>
<tr>
<td></td>
<td>Starts at 11:00am MS-561</td>
</tr>
<tr>
<td>Friday – 11/14</td>
<td>Marion Liszkowski from SAY San Diego Speaking about volunteer opportunities starts at 11:00am MS-561</td>
</tr>
<tr>
<td>Friday – 11/14</td>
<td>SSCCC General Assembly Day 1 Los Angeles</td>
</tr>
<tr>
<td></td>
<td>Student Leadership Summit V-101</td>
</tr>
<tr>
<td>Saturday – 11/15</td>
<td>SSSCC General Assembly Day 2 Los Angeles</td>
</tr>
<tr>
<td>Sunday – 11/16</td>
<td>SSSCC General Assembly Day 3 Los Angeles</td>
</tr>
<tr>
<td>Thursday – 11/20</td>
<td>ASG Forum</td>
</tr>
<tr>
<td></td>
<td>MS-140</td>
</tr>
<tr>
<td></td>
<td>2:30pm - 4:30pm</td>
</tr>
</tbody>
</table>