Meetings of the Week

For all meetings go to: www.sdcity.edu/meetingscalendar
*Post your campus meetings at: www.sdcity.edu/websiteupdating

San Diego Community College District Board Meetings

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>Thursday, April 19</td>
<td>3:30 p.m.</td>
<td>Board Open Door Session</td>
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<td></td>
<td>4:00 p.m.</td>
<td>ECC</td>
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<tr>
<td>Thursday, May 10</td>
<td>4:00 p.m.</td>
<td>District</td>
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<tr>
<td>Thursday, May 24</td>
<td>4:00 p.m.</td>
<td>District</td>
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<tr>
<td>Thursday, June 7</td>
<td>4:00 p.m.</td>
<td>District</td>
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Classified Service Awards and Luncheon

Please join us on Monday, April 30, 2012, for the Annual Classified Service Awards and Luncheon.

The event will be held in the City College Faculty/Staff Lounge, Room D-121 a/b, from 11:30 a.m. until 1:30 p.m. Seating is limited. (Classified Senate)

Seeds At City Urban Farm

Farmers Market every Thursday from 9:30 a.m. - 11:30 a.m. Come get your fresh local organic veggies cultivated by City College students. Please bring your own bag. If you are interested in subscribing to our weekly community-supported agriculture (CSA) which consists of a bag of seasonal produce, herbs, and flowers, please contact Erin Rempala at rempala@sdccd.edu. Bags will be $20 per week to pickup and $25 per week to deliver to your location on campus. Come and visit the urban farm, or come and visit us online at www.sdcity.edu/seedsatcity. (Rempala)
Graduation 2012

EOPS Graduation Reception – May 11, 2012 – 1:00 p.m. – 3:00 p.m. – D121A/B
President’s Reception, Class of 2012 – May 11, 2012 – 5:30 - 7:30 p.m. - City College Cafeteria.
Chicano/Latina Graduation – 42nd Annual Celebration – May 12, 2012 – 12 Noon – Gorton Quad
Graduation Rehearsal – May 17, 2012 – 3:30 – 5:00 p.m. – Organ Pavilion (Graduates & Volunteers)
Black Graduation Rite of Passage Ceremony – May 17, 2012 – 5:30 p.m. – 8:00 p.m. – D121A/B
Graduation Ceremony – May 18, 2012, 5:00 p.m. - Organ Pavilion, Balboa Park (1 hour earlier this year)

Volunteers for Graduation Ushers Urgently Needed. Please contact Neary Sim x3207.

To All Faculty:

- RSVP to the President’s Office at 388-3453 for the Pre-Graduation Reception and Graduation Ceremony.
- Send outstanding regalia orders to DeeDee Porter in the Bookstore - ASAP.

Graduation Website for graduation details: http://www.sdcity.edu/graduation (Whisenhunt)

Faculty-Staff Resources at City College

For current updates: www.sdcity.edu/facultyandstaff.asp

- Academic Senate
- Campus Handbook
- Classified Senate
- Committees
- Curricunet
- District Resources
- Faculty Daily Announcements
- Faculty Handbook
- Faculty Textbook Ordering
- Fitness Center Calendar
- Forms
- Key Services
- Meetings Calendar
- President’s Bulletin
- Publication Guidelines
- Student Learning & Administrative Outcomes
- Website Updating
Campus Events

Check the Campus Calendar on the City home page often for new events. To add a campus event to the calendar, simply click on the WEBSITE UPDATE link at the bottom of any web page for the EVENTS CALENDAR UPDATE information. An event flyer can be attached also.  www.sdcity.edu/events

Saville Theatre:  www.sdcity.edu/savilletheater

World Cultures:  http://www.sdcity.edu/worldcultures

Thursday, April 19:  Miko Peled:  The General’s Son, 9:40 a.m. - 10:55 a.m., D-121 a/b, www.miko.wordpress.com/category/the-generals-son-by-miko-peled

Monday, April 23:  Blaise Evers:  “Ancient Peru and the Neurosurgical Arts”, 11:15 a.m. - 12:30 p.m., Saville Theatre

Monday, April 30:  Felix Bonomo:  Images of China and Tibet, 11:15 a.m. - 12:30 p.m., D-121 a/b

Athletic events:  http://www.sdcity.edu/athletics

We Won!

Big Time Congratulations To SIFE Classes 245 And 158 For Being Named 2012 SIFE Regional Champions

During Spring Break the San Diego City College SIFE team competed at the 2012 SIFE Regional Business Competition, Thursday, April 5, 2012 in Hollywood, CA. Twenty five 2 and 4 year college teams from California, Arizona and Hawaii competed at this event for Championship honors. The SDCC-SIFE presenters shared information on the many projects our dedicated 68 member team worked on this academic year, logging more than 5,000 hours of community service. As a result of this honor the SDCC-SIFE team will travel to the 2012 SIFE USA National Business Competition, May 22-24, in Kansas City, MO. In addition, to being named Regional Champions the entire San Diego City College SIFE program was honored as the 2012 Western Regional “All Star Team”. This tribute is given to one college per Region and reflects our high program standards and the large number of SIFE team members in our program.


This year the SD SIFE team worked on a number of community projects such as; Campbell Let’s Get Hunger, Walmart Women’s Economic Empowerment, HSBC Financial Education for Small Business, TIAA CREF Financially Empowering Gen Y Project and Sam’s Club Step up for Small Business-Environmental Sustainability/Marketing and the SIFE-Don’t Be A Bully project to name a few. The next step for the SDCC-SIFE team is to raise $15,000 to send a team of students to compete and represent San Diego City College in Kansas City. The team is supported by Marie Disnew, Administrative Assistant, Professor Nancy Fredricks, and Leroy T. Brady, Ph.D. For additional information or to make a donation, call (619) 388-3999 or stop by the SIFE office to see our 2012 Regional Trophy.  (Brady)
Prevention and Treatment for Blisters

Blisters are caused by excess friction between running shoes and the foot. The best guarantee against blisters is a pair of shoes that fit properly. Beginning runners or walkers sometimes get blisters because their shoes are too large. New shoes do not need to be broken in; rather they need to be kept from being broken down by use as everyday street wear. Training shoes should be used for running only. You need to prevent blisters by keeping the shoes clean and dry as possible. When shoes get wet, make sure they dry thoroughly before they are used again. I recommend that fitness enthusiasts wear socks, though some people prefer to do otherwise. Runners or walkers should wear clean, dry socks that fit well because exercising without socks increases the chances of blisters, especially if the shoes get wet.

When treating a blister, never intentionally remove the skin. You might want to remove the fluid by perforating the skin with a sterile needle, and then pressing the skin back to the foot with a band-aid. I recommend you need to treat large and open blisters by soaking the foot in a cool solution of Epson salts to reduce the inflammation and sensitivity of the new skin. I also suggest to prevent infection and promote healing you need to apply an antibiotic ointment such as Neosporin before covering the blister with a bandage or sterile dressing. (Greer)

WHAT: UCSD Antiviral Testing Mobile Van (HIV TESTING)
WHEN: This coming Wednesday, April 18th
TIME: 9:00 a.m. until 3:00 p.m.
WHERE: GORTON QUAD
WHY: To further City College’s mission of education and support of our community

Please spread the word to make this needed effort a continued success.

Details regarding what testing entails:
HIV Testing One Week After Exposure
The UCSD Antiviral Research Center will be providing free, confidential HIV testing at City College on April 18th. The type of testing will be standard antibody testing PLUS the Early Test. The Early Test is a specialized HIV test that tests directly for the virus, not just the antibody, and detects the virus as early as one week after exposure. The typical HIV antibody test requires that you wait at least 3 months after a potential exposure. The Early Test is free, confidential, and is offered as part of a UCSD research study. The whole process takes approximately 40 minutes.

UCSD Antiviral Research Center
The UCSD Antiviral Research Center is a university-based nonprofit unit established in 1986 that conducts patient-oriented research and educational programs on HIV and other chronic infections. Their studies have pioneered the development of treatments that continue to change the course of the HIV epidemic. Currently, their top research priorities include:

- Developing new HIV medications
- Combating drug resistance
- Understanding metabolic complications of therapy
- Testing approaches to simplifying therapy
- Identifying and treating newly infected patients
- Treating patients co-infected with HIV and hepatitis C
- Evaluating HIV vaccines and immune therapy
- Testing infants and children for HIV
- Caring for HIV-infected infants, children, adolescents, and mothers (Cordell)

Fitness Tips
Prevention and Treatment for Blisters

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