Not all heroes wear capes; in this industry, individuals become modern-day heroes by applying skills and training to help individuals achieve a healthy lifestyle or improve individual health. Through making a difference in one’s life from the spirit, mind, or body, these individuals apply application to enhance one’s wellbeing.

PROGRAMS AND CERTIFICATES OFFERED AT CITY COLLEGE

- Community Health Worker
- Fitness Specialist
- Human Services
- Mental Health Work
- Nursing and Nursing Education
- Alcohol and Other Drug Related Studies

EMPLOYMENT TREND

77% Reported being employed with at least one job
12% Reported being self-employed

STUDENT EMPLOYMENT OUTCOMES

<table>
<thead>
<tr>
<th>Hourly wages before and after coursework (P.T.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before</td>
</tr>
<tr>
<td>After</td>
</tr>
<tr>
<td>$22.00</td>
</tr>
<tr>
<td>$34.00</td>
</tr>
</tbody>
</table>

= 30% Increase

What did students do after completion?

79% of respondents obtained either a certificate or an apprenticeship after completing the coursework.

Most common certificate, license or apprenticeship obtained: Registered Nursing

SAMPLE OF CAREER POSITIONS:

- Physical Therapy Assistants
- Respiratory Therapist
- Registered Nurse
- Dental Hygienists
- Community Health Worker
- Nutritionists

SAMPLE OF LOCAL EMPLOYERS:

- UC San Diego Health System
- Rady's Children’s Hospital
- San Ysidro Health
- St. Pauls Senior Services
- AccentCare
- Mental Health Systems

Transfer and Career Center A-301 | 388.3722 | citytran@sdccd.edu