STUDENT HEALTH CENTER PRESENTS

FEEL GOOD FRIDAY'S FLEX!

WHEN: 9/9 FLEX # 15494
    10/14 FLEX # 15495
    12/9 FLEX # 15496
TIME: 12:00PM TO 1:00PM

JOIN US USING THE FOLLOWING ZOOM INFO OR THE QR CODE

MEETING ID: 822 9367 4633
PASSCODE: 607521

A safe and supportive space to explore and reflect on self-care. Exclusively for SDCC staff and faculty!

Facilitated by Leslie Easton, LCSW

SAN DIEGO CITY COLLEGE